

# TRACEN Petaluma Haley Hall Dining Facility

2/9/26 - 2/15/26

| 1   | BREAKFAST   | Calories  | LUNCH  | Calories  | DINNER  | Calories                               |
|---|---|---|--|---|---|--|
| M<br>O<br>N<br>D<br>A<br>Y                | FRESH FRUIT<br>CREAM OF WHEAT<br>ASST. TOPPINGS<br>EGGS & OMELETS TO ORDER<br>BOILED EGGS<br>CHICKEN SAUSAGE LINKS<br>PORK SAUSAGE LINKS<br>BREAKFAST LATKES<br>WAFFLES W/ BUTTER & SYRUP<br>SPINACH QUICHE       | VARIABLES<br>110<br>VARIABLES<br>VARIABLES<br>78<br>151<br>180<br>210<br>151 / 120<br>320 | CREAM OF POTATO SOUP<br>PORK LOIN W/ SUN DRIED TOMATOES<br>CHICKEN DIJON<br>RISSOLE POTATOES<br>GNOCCHI W/ ALFREDO SAUCE<br>PARMESAN CAULIFLOWER<br>LEMON GARLIC SAUTEED SWISS CHARD<br><br><u>PLATED ALTERNATIVE</u><br>BLACK BEAN BURGERS<br>CRISPY SWEET POTATO FRIES | 90<br>318<br>141<br>320<br>111<br>106<br>80<br><br>400<br>110         | GRILLED CHICKEN THIGHS<br>FARRO PILAF<br>NOODLES JEFFERSON<br>STEAMED BROCCOLI<br>RATATOUILLE<br>FRENCH BREAD   | 300<br>276<br>241<br>188<br>194<br>80  |
| T<br>U<br>E<br>S<br>D<br>A<br>Y           | FRESH FRUIT<br>OATMEAL<br>ASST. TOPPINGS<br>EGGS & OMELETS TO ORDER<br>BOILED EGGS<br>CRISPY BACON<br>PORK SAUSAGE PATTIES<br>HASH BROWNS<br>FRENCH TOAST W/ BUTTER & SYRUP<br>BISCUITS & SAUSAGE GRAVY           | VARIABLES<br>158<br>VARIABLES<br>VARIABLES<br>78<br>192<br>180<br>151<br>195 / 120<br>210 | CHICKEN TORTILLA SOUP<br>CARNE ASADA TACOS<br>CHICKEN TACOS<br>SPANISH RICE<br>REFRIED BEANS<br>STEAMED CORN<br>COTIJA ROASTED MEXICAN VEGETABLES<br>FRESH SALSA BAR W/ CHIPS<br><br><u>PLATED ALTERNATIVE</u><br>BAJA FISH TACOS  | 140<br>350<br>211<br>205<br>120<br>110<br>120<br>VARIABLES<br><br>470 | FRIED CHICKEN<br>BAKED BEANS<br>SCALLOPED POTATOES<br>BRAISED COLLARD GREENS<br>GRILLED CORN ON THE COB<br>HONEY BUTTER CORNBREAD                     | 264<br>417<br>150<br>310<br>45<br>80   |
| W<br>E<br>D<br>N<br>E<br>S<br>D<br>A<br>Y | FRESH FRUIT<br>HOT GRITS<br>ASST. TOPPINGS<br>EGGS & OMELETS TO ORDER<br>BOILED EGGS<br>GRILLED SPAM / CORNED BEEF HASH<br>HOME FRIES<br>BLUEBERRY PANCAKE<br>JASMINE RICE<br>BUTTER & SYRUP                      | VARIABLES<br>142<br>VARIABLES<br>VARIABLES<br>78<br>180<br>110<br>210<br>105<br>120       | MINESTRONE SOUP<br>NAPLES CHICKEN<br>GRILLED PORK CHOPS<br>CREAMY POLENTA W/ BASIL OIL<br>ROASTED POTATOES<br>ZUCCHINI PROVENCAL<br>TOSCANA VEGETABLES<br>HOT DINNER ROLLS<br><br><u>PLATED ALTERNATIVE</u><br>CIOPPINO W/ SOURDOUGH BREAD                               | 360<br>458<br>475<br>300<br>141<br>35<br>87<br>90<br><br>318          | CHICKEN TERIYAKI<br>JASMINE RICE<br>CHOW MEIN NOODLES<br>STIR FRY VEGETABLES<br>SESAME GARLIC EDAMAME<br>EGG ROLLS W/ DIPPING SAUCE                   | 341<br>160<br>214<br>171<br>189<br>157 |
| T<br>H<br>U<br>R<br>S<br>D<br>A<br>Y      | FRESH FRUIT<br>CREAM OF WHEAT<br>ASST. TOPPINGS<br>EGGS & OMELETS TO ORDER<br>BOILED EGGS<br>CRISPY BACON<br>SAUSAGE HOT LINKS<br>GOLDEN HASH BROWN PATTIES<br>PANCAKES W/ BUTTER & SYRUP<br>BREAKFAST SANDWICHES | VARIABLES<br>110<br>VARIABLES<br>VARIABLES<br>78<br>192<br>195<br>251<br>210 / 120<br>320 | CHICKEN & WILD RICE SOUP<br>RED PEPPER CHICKEN<br>BRAISED ENGLISH SHORT RIB<br>ROSEMARY ROASTED RED POTATOES<br>BROWN BUTTER ORZO<br>GREEN BEAN LYONNAISE<br>ROASTED ROMANESCO<br><br><u>PLATED ALTERNATIVE</u><br>CHICKEN SHAWARMAS<br>W/ HUMMUS & PICKLED VEGETABLES   | 418<br>400<br>225<br>328<br>160<br>155<br>47<br><br>400<br>VARIABLES  | BABY BACK PORK RIBS<br>SOUTHERN BLACK-EYED PEAS<br>MACARONI AND CHEESE<br>FRIED OKRA<br>ROASTED TRI-COLOR CARROTS<br>JALAPENO & CHEDDAR DROP BISCUITS | 418<br>400<br>225<br>328<br>160<br>155 |
| F<br>R<br>I<br>D<br>A<br>Y                | FRESH FRUIT<br>OATMEAL<br>ASST. TOPPINGS<br>EGGS & OMELETS TO ORDER<br>BOILED EGGS<br>CHICKEN SAUSAGE LINKS<br>PORK SAUSAGE LINKS<br>POTATOES O'BRIEN<br>FRENCH TOAST W/ BUTTER & SYRUP<br>BREAKFAST BURRITOS     | VARIABLES<br>158<br>VARIABLES<br>VARIABLES<br>78<br>180<br>151<br>210<br>195 / 120<br>320 | NEW ENGLAND CLAM CHOWDER<br>CATCH OF THE DAY<br>NY STRIP STEAKS<br>HERBED & ONION RISOTTO<br>BAKED POTATOES<br>BROCCOLINI W/ CANDIED LEMON<br>CALIFORNIA BLEND VEGGIES<br>SHRIMP AND BREADED OYSTERS   | 301<br>290<br>180<br>240<br>121<br>60<br>90<br>VARIABLES              | ROASTED CHICKEN QUARTERS<br>ROASTED SWEET POTATOES<br>QUINOA PILAF<br>CITRUS ROASTED ASPARAGUS<br>BRAISED CARROTS<br>FOCACCI BREAD                    | 440<br>290<br>120<br>165<br>110<br>90  |
| S<br>A<br>T<br>U<br>R<br>D<br>A<br>Y      | FRESH FRUIT<br>HOT GRITS<br>ASST. TOPPINGS<br>EGGS & OMELETS TO ORDER<br>BOILED EGGS<br>BACON / MAPLE PORK SAUSAGE LINKS<br>HASH BROWNS<br>WAFFLES W/ BUTTER & SYRUP  | VARIABLES<br>142<br>VARIABLES<br>VARIABLES<br>78<br>92 / 180<br>151<br>151 / 120          | EGGS & OMELETS TO ORDER<br>BACON / MAPLE PORK SAUSAGE LINKS<br>WAFFLES W/ BUTTER & SYRUP<br>BUFFALO CHICKEN SANDWICHES<br>GARLIC PARMESAN FINGERLING POTATOES<br>STEAMED BROCCOLI  | VARIABLES<br>320 / 180<br>151 / 120<br>530<br>260<br>105              | HERBED GRILLED CHICKEN BREAST<br>LINGUINE POMODORO<br>LONG GRAIN WILD RICE<br>ROASTED ACORN SQUASH<br>FOCACCI BREAD                                   | 451<br>190<br>199<br>50<br>142         |
| S<br>U<br>N<br>D<br>A<br>Y                | FRESH FRUIT<br>CREAM OF WHEAT<br>ASST. TOPPINGS<br>EGGS & OMELETS TO ORDER<br>BOILED EGGS<br>PORK SAUSAGE LINKS<br>TURKEY SAUSAGE LINKS<br>HOME FRIES<br>PANCAKES W/ BUTTER & SYRUP                               | VARIABLES<br>110<br>VARIABLES<br>VARIABLES<br>78<br>180<br>145<br>151<br>210 / 120        | EGGS & OMELETS TO ORDER<br>TURKEY / PORK SAUSAGE LINKS<br>PANCAKES W/ BUTTER & SYRUP<br>FISH SANDWICHES<br>ONION RINGS<br>ITALIAN BLEND VEGETABLES   | VARIABLES<br>320 / 180<br>210 / 120<br>530<br>260<br>110              | COUNTRY FRIED STEAK<br>CREAMY WHITE GRAVY<br>MASHED POTATOES<br>BROWN BUTTER ORZO<br>STEAMED BROCCOLI<br>HOT DINNER ROLLS                             | 420<br>443<br>365<br>290<br>261<br>103 |

WEEK 1

The Food Service Officer is authorized to make changes to this menu when, due to unusual or unforeseen circumstances, it may be necessary to provide substitutions for food items not in stock or to permit the timely use of perishable foods. Assorted beverages, desserts, and breakfast pastries are available during meal service.

Submitted By:

CSC E. S. Sanchez  
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Reviewed By:

CSCS N. E. Mogan  
Food Service Officer

Approved By:

Captain J. D. Burch  
Commanding Officer